

# THE WARNOCKS' ESCAPADES

Our Home Page: <http://warnocksescapades.com>

9 August 2012

Ted's Advance # 13030Z

Ted's E-Mail: [missionsted@gmail.com](mailto:missionsted@gmail.com)

Carla's Advance # 13031Z

Carla's E-Mail: [carlanursemgr@gmail.com](mailto:carlanursemgr@gmail.com)

---

**Missionary News from Carla** It has been seven months since I wrote to you. We have



weathered a lot of family sadness as well as times of fun with the grandboys. Through work, prayers, and faith, our family is healing from Sam's death. Tears still flow, but sharing Sam stories is a bit easier.

The winter in Virginia was quite mild. We took walks, rode bikes, and even walked on the Beach in January! It helped us keep more physically fit.



Over Easter, we visited Ashley in Georgia and then headed to central Florida where I served as



nurse and a facilitator at the missionary training. On the return trip, Ted and I visited Chamblee First UMC, one of Ted's covenant churches. In June, we had to travel to Georgia for Ashley's annual planning meeting and then we took her on to southeast Florida for some camping, biking, boating, and swimming at a lovely state park. Casey and the boys were already there in West Palm Beach, Florida to greet Sam's Marine unit home. Though several of his unit had sustained injuries, all made it back alive and generally okay. This was a very sad time, but Sam had told

us that he wanted to bring his men home alive. In my mind, he accomplished this.

In July, I spent two weeks with 34 young adults who were participating in missionary training in New York. Once again, I served as their nurse and a facilitator. These are energetic, intelligent, and gifted young men and women who desire, through their faith, to serve in social justice programs in the US and around the world. Over the next few years, the General Board of Global Ministries -UMC hopes to send out hundreds of young adults in these two and three year assignments. I will definitely be very busy!

My mission service continues to grow into this virtual global format. The missionaries I care for *come from* and *are sent out to* everywhere. I first meet each new missionary through the candidate process that includes holistic health assessments. Then, I get to meet them at the training. I get to know them early in the process of becoming missionaries and then I am available to them throughout their time of service. Thank you for allowing me to serve as the nurse for our United Methodist Missionaries!

**Traveling Ted - January - August 2012**

**Angola:** In February 2012, I traveled to Angola, along with my colleague Shannon Trlli, to facilitate and provide training on board roles and capacity development to the West Angola UMC Conference health board. This training was successful in that it allowed all parties of interest to review their existing strategic plan, to establish a process for strengthening its format and refining the goals, objectives, and timelines. The Malaria program and grants were reviewed in support of an initial program focused towards the community of Bom Jesus. With new partners and donor support from the Rocky Mountain Conference along with the West Angola UMC and the Angolan Government approval, this program is expected to begin in October 2012.



**Michigan:** The Lansing District of the West Michigan Conference held a Bishop's Day to focus on "Church, Healthy World". I was welcomed as the guest speaker to over 200 attendees. I presented an overview on The Global Mission of the Church and facilitated a workshop on how our ministry contributes to global mission.

**South Sudan:** This is a new health board. The focus was to provide training along similar lines to that done in Angola and was equally a very successful program. There are many opportunities for this new health board as set forth in their strategic plan. In the photos on the left, board members affirm that they understand and agree to honor their roles and responsibilities as board members.



As part of the UMC church's growth in South

Sudan, many programs are being implemented to teach and to remind people how to grow and market their crops and fish. Using sticks to illustrate strength and cooperation, Steve Hodges conducts a class entitled *Farming God's Way* to local residents. In another location, and working with UMCOR, a pond was built to raise and harvest tilapia fish. Working with community leaders, the fish will provide locally grown fish and income.





The South Sudan experience was more meaningful than I have words to write here. Suffice to say, I had a hand in formally registering the UMC in South Sudan in 2004. Therefore, this was a very positive return visit for me.

**South Africa:** I attended a worldwide conference held in Cape Town, SA focused on technology called mhealth. mhealth joins other alternative ways to deliver health care such as telecare, telehealth, and telemedicine. Each, in their own way provides challenges, opportunities, and solutions, as they focus on increasing the quality, efficiency, availability, and delivery health care services. UMCOR is currently focusing its efforts on telemedicine. A narrow definition of telemedicine is clinical medicine expertise transferred through interactive media to consult, perform, or report on medical examinations and procedures. This includes health professionals chatting about a case over the phone or videoconferencing, Skype consults between physicians, and e-visits between physician and



patients. mHealth will contribute an increased role in the quality of care and the effective delivery of health services. UMCOR is supporting a telemedicine program in the DRC. To learn more click on the UMCOR article: <http://www.umcor.org/UMCOR/Resources/News-Stories/2012/June/Telemedicine-Improves-Global-Health>

**Malawi:** This is a photo of newly constituted Malawi health advisory board (I'm on the left). Because Malawi currently is under the episcopal oversight of the Zimbabwe conference, this board will serve in concert with the Zimbabwe health board.



As one might expect there are times when all gets accomplished and times when it does not go "exactly" according to plan. As a case in point, let me share a few of the "less formal" aspects of training. For example: 15 minutes into first PowerPoint presentation, fuse on power inverter blows - glad I brought extras. Take computer off the inverter, replace fuses, and begin again - very small delay. 10 more minutes and smoke bellows out of the inverter, fire (small one) erupts where the replaced fuses are located and I quickly and quietly unplug the now very hot inverter. Time for a break - let the group build their organizational chart. 15 more minutes - the term smoke-smoke-smoke comes to mind and smoke starts bellowing out the top of my new projector - power spike somewhere - glad I did not pay a lot for the machine - not sure if it is fried or ... no problem I say - stress is still at a minimum, but not sure what next. After a few more challenges and a obtaining a rented projector, the rest of the day went on without any major events.

**A few Pictures with notes from Ted:**



**UMC School in Yei, South Sudan 2004**  
189 boys, 131 girls = 320 students



**UMC School in Yei, South Sudan 2012**  
572 boys, 257 girls = 929 students



**Board Members in Malawi setting goals and objectives on their Strategic Plan.**



**UMCOR assists to build tilapia fish pond in South Sudan – a community project.**



**Bom Jesus Church- Angola, future location of planned Malaria Nets Distribution**



**Moringa Trees planted in Malawi -**  
<http://www.treesforlife.org/our-work/our-initiatives/moringa/>